

# Filey and District u3a



Live Laugh Learn

June 2026 Newsletter  
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Last Months speaker Stephen Husband gave us an insight into the administration needed to run a doctors practice, ie Filey Surgery.

There is so much administration work and steps to go through that it is a wonder that we are able to see a GP at all.

Everyone complains about having to fill in a triage form before being referred to a GP, however, it is actually a national scheme dreamed up by NHS administrators.

We are now part of York Hospitals trust and are not a stand alone, therefore we do not have our own GP's but are within a scheme, we can't expect to be seen, as before, by the same doctor, even if we get a referral. The person who assesses your triage form may think your case is more for a physio and so you will get an appointment for them. All in all the system has been designed for efficiency, are we sure? Most people are appreciative of the service given to us but of course there are bound to be some complaints but the team work within the system as best they can.

Before the meeting started we presented Janet Pell, representing the digital camera group, a cheque for £381.00, proceeds from the calendars produced by the group, to be given to the Rainbow Centre. Many congratulations must be give for the time and efforts given by the group.

This months speaker is **Ms. Sheila Cadman**  
The subject this month is **"Story of a Fisherman"**

We meet at "Filey Methodist Church" Thursday 25<sup>th</sup> June 10.00am meet for 10.30 start. Hope to see you there

The 23<sup>rd</sup> July monthly meeting will also be at the "Filey Methodist Church" when the speaker will be **Mr Eddie Lawler**

The subject will be **"What do you mean Yorkshire"**

There is no meeting in August----- Happy holidays hope to see you all back for the meeting 24<sup>th</sup> September

Your committee are still hoping that some members will come forward and help at the meetings to set up chairs and tables. We are also looking for members to come forward, join the committee learn the ropes and hopefully come up with some new ideas.

Sorry that I am not able to impart any news to you this month, I keep hearing "look on the website" all information is there. That is fine for the majority of members but I try in this newsletter to bring people with no web access up to date information.

However, there is a possible solution to getting up to date news, try to attend the monthly meetings where you will be able to talk to your committee and possibly some group organisers. Enjoy drinks and biscuits and meet fellow members.

We are considering, in the future, to running day trips and possible more, anyone with ideas in this direction please feel free to share some with us.